

Midlothian Soccer Association

First Kicks

3-4 year old beginner soccer program
for children with birthdays between
August 1, 2006 and July 31, 2007

Midlothian Soccer Association is proud to announce its beginner soccer program, First Kicks. This unique program is designed to introduce young children to the Beautiful Game all the while educating parents in a fun, stress free environment.

Not all 3 and 4 year olds are the same. Knowing this, the First Kicks curriculum is build with age specific physiological, psychological and developmental needs in mind. The non-competitive environment ensures each participant will learn and develop at their own pace. First Kicks coaches will utilize a positive and nurturing nature, guaranteeing a fun and exciting experience.

Pairing child with parent, each will participate in all activities and games. Children will be developing large motor skills and building self esteem while parents learn the Laws of the Game and the roles of player, parent, coach, referee and league.

First Kicks will meet once a week for six weeks. A typical session will last between one to two hours. Each session will include a warm up, a skills demonstration and fun games designed to teach each skill to both parent and child. Each session will end with the kids participating in a scrimmage-style soccer match!

Upon entry to the program, each child will receive a First Kicks t-shirt and ball. Parents will receive handouts explaining the particular roles of the people evolved in soccer along with example skills techniques to continue the soccer learning even when the classes stop.

Fees will be \$55 plus applicable City of Midlothian Park user fees or all children. There is no additional cost for the parents, but parent participation is mandatory.

All parents interested in enrolling their children in the First Kicks program need to come to one of our walk-in registration sessions where Midlothian Soccer Association Board members and representatives will be on hand to answer any questions you may have.

Walk-In Registration Dates and Times:

Saturday July 24th | 10am - 3pm | Life Church

Thursday July 29th | 6pm - 8pm | Life Church

Saturday July 31st | 10am - 3pm | Life Church

Late Walk-In Registration:

Thursday August 5th | 6pm - 8pm | Life Church

All walk-in registration dates and times will be at
Life Church at 620 N. Hwy 67 (Just north of Walmart).